



ACT
Government



ACT
EMERGENCY
SERVICES
AGENCY



How to make a home emergency kit

ACT Emergency Services Agency



Easy English

Blue words



Some words in this book are **blue**.

We write what the blue words mean.

Help with this book



You can get someone to help you

- understand this book
- find more information.



Contact information is at the end of this book.

About this book



This book is from the ACT Emergency Services Agency.

This book is about how you can be ready for an **emergency**.

Emergency means lots of people are in danger.



For example, when there is

- a bushfire



- very hot weather



- a storm



- a flood.



Call 000 if there is an emergency and you need help straight away.

What can you do to be ready for an emergency?



You can make a **home emergency kit**.

Home emergency kit means things that can help you

- stay alive in an emergency
- save valuable things in an emergency.



We call it **your kit**.

What should you have in your kit?



Put a tick in the box next to each thing you put in your kit.

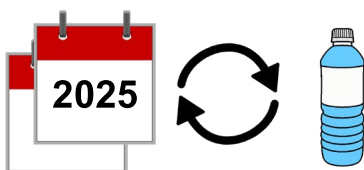
Things you need to survive



Water

☐

Keep water in bottles that do not let in air.

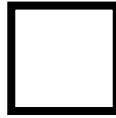


Change the water in the bottles every year.



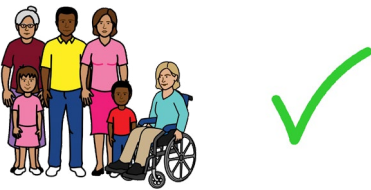
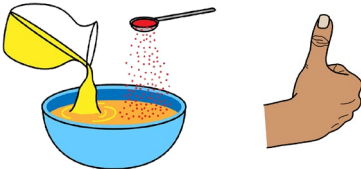
Do **not** drink water from the tap when there is an emergency.

Food



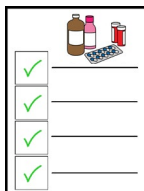
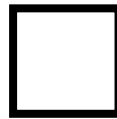
Your kit should have food that

- will last a long time, like tinned food
- is easy to prepare.



Make sure you have food for everyone in your home, like babies.

Medicines

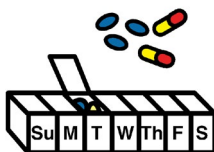


Make a list of the medicines you might need.



Your list should have

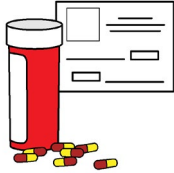
- the names of your medicines
- what the **dose** is.



Dose means how much you should have each time you take a medicine.

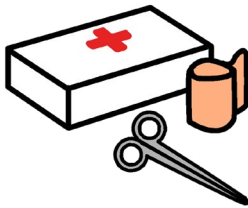
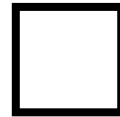
Keep a copy of your **prescriptions**.

Prescriptions are notes from your doctor that say



- what medicine you need
- how much medicine you need.

First aid kit



First aid kit means things to treat someone if they get hurt.

Clothes that can protect you



It is good to have clothes like

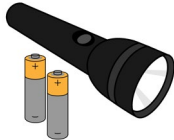
- shirts with long sleeves
- strong shoes or boots.



Light

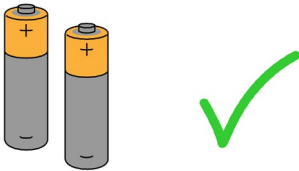


Have something that can help you see in the dark, like a torch.



Do **not** leave the **batteries** inside the torch.

Batteries give power to things.

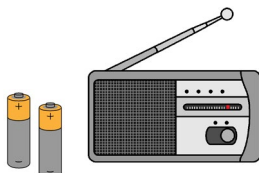


Check your batteries every 6 months to make sure they still work.



You can also buy special torches that do not need batteries.

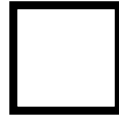
A radio that runs on batteries



Radio can be the best way to get information when there is an emergency.



Chargers



Chargers give power to your phone.

Toiletries



Toiletries are things you need to stay clean, like

- soap
- toothpaste.



Cash



Money machines might not work when there is an emergency.

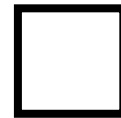


Put some cash in your kit so you can buy the things you need.

Things that will help you recover from an emergency

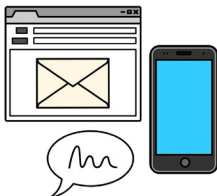
Recover means things go back to normal.

Your emergency survival plan



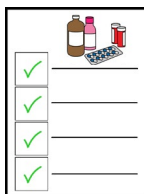
Your emergency survival plan says what you will do when there is an emergency.

We call it **your plan**.



Your plan should have

- important contact information



- your medical information

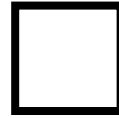
- your **insurance** information.



Insurance means money you can get if your things are damaged.



Important documents

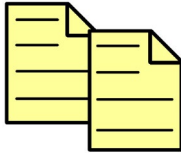


Important documents could be

- your passport
- your marriage certificate
- your **land titles**.

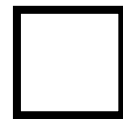


Land titles say what land you own.



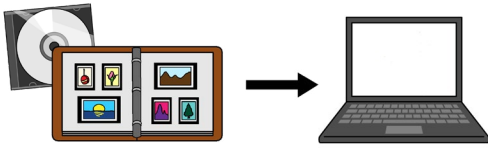
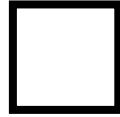
Make copies of your important documents and keep them somewhere safe.

Pictures of your valuable things



Pictures of your valuable things can help if you need to claim insurance.

Important pictures and videos



You can make digital copies of your pictures and videos.



You can look at digital copies of your pictures and videos any time you want.



How to get information when there is an emergency

For information about what to do in an emergency



Call **13 22 81**

Get help in a storm or flood



Call 13 25 00

Find emergency information online



Website esa.act.gov.au

Download the BOM weather app to find out if there is danger near you



Website bom.gov.au/app/

Follow us on social media



Twitter @ACT_ESA



Facebook @actemergencyservicesagency

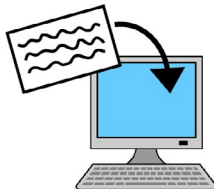
More information

See our website for more information about how you can get ready for an emergency.



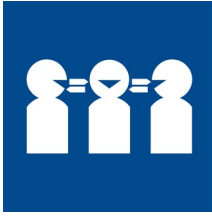
Website

esa.act.gov.au/be-emergency-ready



Email esahaveyoursay@act.gov.au

If you need help with English



Use the free Translating and Interpreting Service or TIS to make a phone call.

You can call the TIS in your language.



Call 131 450

Give the TIS officer the phone number you want to call.

If you need help to speak or listen



Use the National Relay Service to make a phone call.

You must sign up to the service first.



Website accesshub.gov.au/nrs-helpdesk



Call 1800 555 660

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