PATIENT DESTINATION GUIDELINE

(Revised: January 2014)



ACTAS Paramedics will transport emergency patients to the geographically closest public Emergency Department.

The following patient groups will bypass the closest hospital, and be transported to CH&HS (TCH) unless profoundly unstable (eg. airway unable to be managed):

- Major trauma ¹
- Orthopaedic injury ²
- Serious paediatrics³
- Patients requiring vascular intervention ⁴
- Patients with significant GI bleed ⁵
- ST elevation myocardial infarction (STEMI)
- Premature labour (20 34 weeks gestation: to Birthing Suite, Centenary Hospital for Women and Children, Canberra Hospital campus)
- Patient on mental health emergency order
- Infants (0 1 year)

¹ MAJOR TRAUMA CRITERIA (direct to CH&HS):

Blunt or penetrating trauma with <u>any</u> of the following:

- threatened airway / requiring airway management / intubated
- haemodynamic instability (heart rate <40 or >120/min; systolic BP <90mmHg; respiratory rate <5 or >36/min)
- altered level of consciousness
- neurological deficit
- major burns
- obvious fracture (clear deformity / compound fracture)
- apparent tendon / nerve injury
- large / complex wounds
- diving emergencies

NOTE: significant mechanism of injury alone without signs and symptoms of injury does not warrant transport to CH&HS.

NOTE: penetrating trauma to the head/neck/torso is to be transported to CH&HS

continues over

PATIENT DESTINATION GUIDELINE cont.

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² ORTHOPAEDIC INJURIES

Direct to CH&HS

Closest hospital

- apparent fracture with clear deformity
- compound fracture
- clinically evident fractured neck of femur (shortened, rotated limb) or high clinical suspicion of same
- dislocations other than to patella, shoulder, fingers or prosthetic hip

- soft tissue injury
- apparent dislocation to patella, shoulder, fingers or prosthetic hip

³ PAEDIATRIC PATIENTS (>1 year old)

The following paediatric patients (>1 year old) are suitable for closest ED all others will be transported to CH&HS:

- febrile illness without neurological signs or dehydration
- mild croup (mild chest wall retractions and tachycardia, but no stridor at rest)
- *minor* injuries (excluding altered level of consciousness or obvious fractures)
- mild asthma (not exhausted, talking in sentences, HR <140/min, SpO₂ >95% on room air [prior to treatment], responding to initial treatment)