



An authorised ambulance paramedic may apprehend a person and take the person to an approved mental health facility (the Canberra Hospital) if the paramedic believes on reasonable grounds that:

- a) the person has a mental disorder or mental illness; **and**
- b) the person has attempted or is likely to attempt-
 - i. suicide; or
 - ii. to inflict serious harm on themselves or another person; **and**
- c) the person-
 - i. requires an immediate examination by a doctor; and
 - ii. does not agree to be examined immediately

Mental Health Act 2015, amendment 2020, section 80(1).

s80(1) powers, as they apply specifically to authorised paramedics, permit apprehension in situations of risk of harm.

It can be taken to mean that the risk does not have to be explicitly stated, but might be reasonably foreseen

(i.e. an extremely disorientated person wandering in traffic).

In addition:

- Patients who meet the criteria should be placed under Emergency Apprehension.
- Use of force should be a last resort.
- Any force used must be the minimum necessary/reasonable to safely convey the patient to hospital.
- Use of limb restraints should be considered in conjunction with pharmacological restraints in patients with a SAT score of +2 or +3. (Clinical reasoning for restraint/non-restraint should be thoroughly documented on the PCR.)
- Information provided by ACT Policing Officers can be taken into consideration as part of information gathering to inform the paramedic's "reasonable grounds to believe" that the person requires apprehension.

Emergency apprehension mandates specific requirements for documentation.

- A Statement of Action Taken (SoAT) (triplicate form) must be completed. Two copies are to remain with the patient, and the third copy is to remain with ACTAS. This should be placed in a green envelope to be clearly marked on the outside as containing a SoAT.
- The SoAT document requires a statement outlining the paramedic's "reasonable grounds to believe" that the person requires apprehension.
- The SoAT should include the total dose of any medications given (e.g. "patient restrained with 100mg ketamine and ACTAS limb restraints").
- Note that a SoAT will be required *even if the patient was not sedated/restrained*. A patient who has been coerced to attend the hospital without force or sedation still requires a SoAT.
- *The case **must** be documented on an ePCR or paper PCR in accordance with the steps over the page. Ensure your PCR is left at the receiving facility on handover.*



SPECIFIC PCR DOCUMENTATION REQUIREMENTS FOR A PATIENT WITH A SoAT:

LEGISLATIVE REQUIREMENT:	DOCUMENTATION:
Patient and case information	
<ul style="list-style-type: none"> The name and address (if known) of the person. The date and time when the person was taken to the facility. 	<ul style="list-style-type: none"> Make all effort to identify the patient. If not available on scene, use hospital records where available. This should be documented as per normal.
Patient assessment	
Reasons for taking the action.	<ul style="list-style-type: none"> Specific clinical reasons for taking the action. Document this using a combination of free text in the case description and using secondary survey fields. Use the mental health and mental competence filters to guide your documentation. Ensure your documentation addresses points (a), (b) and (c) on the previous page.
Management	
<ul style="list-style-type: none"> The nature and extent of the force or assistance used to enter any premises, or to apprehend the person and take the person to the facility. The nature and extent of any restraint, involuntary seclusion or forcible giving of medication used when apprehending the person or taking the person to the facility. Anything else that happened when the person was being apprehended and taken to the facility that may have an effect on the person's physical or mental health 	<ul style="list-style-type: none"> Document this using management fields. On VACIS, select "Mental health Procedure", then select "EEO Completed". Ensure medications and restraint use are documented, including removal of restraints. Use comments fields to ensure sufficient detail. Document alternatives considered and any consultations made.
Billing Select "Pt transported under EA (ACTAS/other)" from the billing categories in the billing details tab. (Note that this category should be selected even if the AFP or mental health team have applied the EA).	