

# Be Emergency Ready by packing the essentials

## SURVIVAL PLAN

### HOME EMERGENCY KIT

**Having a Home Emergency Kit will ensure you are prepared for any emergency.**

A Home Emergency Kit is a crucial element of survival during and after an emergency. Get together with your household or your personal support network to make a list of what you will need. Chances are you already have many of the necessary items in your home.

**Keep this handy checklist on the fridge until your kit is complete!**

## Suggested survival items:

### Light



**TIP!**

- Don't leave batteries in the torch, and check them every six months.
- Consider wind-up torches that don't need batteries.

### Cash



**TIP!**

- ATMs and banks may not be operating in the early stages of any emergency.
- Having some cash will help meet basic and urgent needs.

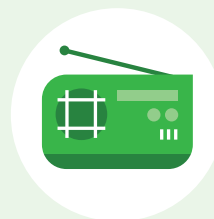
### Water



**TIP!**

- Never drink tap water after an emergency until authorities have advised it is safe.
- Water can be stored for up to 12 months in airtight containers. Label when water was last changed.

### Radio (battery-powered)



**TIP!**

- Radio is often the best source of information in an emergency.
- Mark on the dial the frequencies of your Local Radio and other local services.
- Select a radio that is battery-powered and doesn't rely on electricity.

ACT Ambulance Service, ACT Fire & Rescue, ACT Rural Fire Service and the ACT State Emergency Service work together as the ACT Emergency Services Agency to keep Canberra safe.

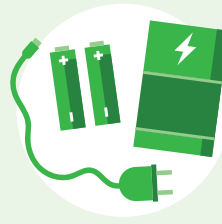
## First Aid Kit



### TIP!

- As well as buying a household or car first aid kit, it's also a good idea to do first aid training.

## Chargers



### TIP!

- Have a charger or charged battery pack for your phone.
- Also consider, keeping an older landline phone that is not reliant on power—your telephone exchange may still operate even if the power is out.

## Protective clothing / blankets



### TIP!

- Consider clothes with long sleeves and pants that are made from natural fibres and keep seasons in mind.
- Try to pack sturdy shoes or boots and heavy-duty gloves.
- Remember sunscreen, insect repellent, and wide-brimmed hats.

## Toiletries



### TIP!

- Having toiletries can help keep you refreshed and give you a sense of routine—even when you are unable to wash or shower.

## Special medical supplies or equipment



### TIP!

- Consider what medications or supplies you might need and include these
- Create a list with their title, dosage and copies of your prescriptions.

### TAKE YOUR MEDICINE

Medical needs are an important consideration for everyone when packing your Home Emergency Kit.

Plan to have 14 days worth of any medications you might need.

## Food



### TIP!

- Remember the needs of everyone in your household, including babies, children and pets.
- If staying home, you will need long shelf-life items that are easy to prepare.

## Pet essentials



### TIP!

- Factor your pet into water needs, and make sure your dog or cat is registered and microchipped.



- ✓ Most of the things you need will be at a supermarket or hardware store.
- ✓ Remember you may already have useful items around the home, such as camping equipment.

## Suggested recovery items:

### Scans or photocopies of important documents



#### TIP!

- Check functionality of USBs or storage devices regularly.
- Use waterproof or fireproof containers if necessary.
- It's a good idea to have a back-up copy of documents securely stored in an alternative place to home, perhaps in a locked drawer at work, with a family member, or stored in the cloud.

#### IMPORTANT DOCUMENT TO CONSIDER:

- |  |   |
|--|---|
| <input type="checkbox"/> Passports                       | <input type="checkbox"/> Mortgage papers          |
| <input type="checkbox"/> Wills                           | <input type="checkbox"/> Insurance papers         |
| <input type="checkbox"/> Driver's licenses               | <input type="checkbox"/> Prescriptions            |
| <input type="checkbox"/> Marriage and birth certificates | <input type="checkbox"/> Medical histories        |
| <input type="checkbox"/> Land titles                     | <input type="checkbox"/> Child immunisation books |

### Your Survival Plan



#### TIP!

- Keep a copy of your Survival Plan. Your plan should include important contact information, medical plans and insurances.

### Photographs of valuable household items



#### TIP!

- Photos will help in the case you need to describe items to your insurance company.

### Copies of videos and photos



#### TIP!

- Having a back up of your videos and photos in the cloud can save on physical space and lets you access them anytime/ anywhere.



- Make sure valuable items are stored well above ground level, or use waterproof containers.
- Store your scans or copies so that they can be grabbed quickly and easily if you have to leave.
- The same care taken with your important documents can be applied to your personal videos and photos.
- Map where your valuable items are stored in your home in case you have to collect them quickly.
- Take photos of any important household items, particularly those that are insured. Store the photos in a secure place, with copies in your kit, to assist with any insurance claims after the emergency.